

# CFIS UNIFORM COMPONENTS

## 2019-20

CFIS's history, colours and symbols are represented through the various uniform pieces. Each division or transitional point for students also represents a transition point for the uniform. Some pieces will be consistent throughout divisions, while others vary depending upon the student's division or level in order to represent a progression and be developmentally appropriate.

### **FORMAL UNIFORM**

The formal uniform is worn on the first day back from the summer, winter and spring breaks, and for special events such as Open Houses, concerts, assemblies and many field trips. CFIS's parent online calendar is updated regularly with formal uniform dates.

Formal uniform requirements are as follows:

<b>Preschool to Grade 3 Formal Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>IF wearing pants, add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt	Navy pants Tartan tunic with modesty shorts	Navy knit vest Navy knit cardigan	Red apple clip-on tie Navy socks or tights Black polishable shoes

<b>Grade 4-6 Formal Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>IF wearing pants, add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt	Navy pants Blue tartan kilt with modesty shorts	Navy knit vest Navy knit cardigan	Blue tartan clip-on tie Navy socks or tights Black polishable shoes

<b>Grade 7-9 Formal Uniform</b>		
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt White ¾-length-sleeve shirt	Grey pants Grey tartan kilt with modesty shorts	Navy crested blazer Grey tartan tie Grey socks or tights Black polishable shoes

<b>Grade 10-12 Formal Uniform</b>		
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt White ¾-length-sleeve shirt	Grey pants Grey Lycra pleated skirt	Navy crested blazer Senior High striped tie Grey socks or tights Black polishable shoes

### **REGULAR UNIFORM**

Regular uniform is required at all other times except for vesti-choix days. For students in Grade 7 and higher, the “shirt plus one item” rule applies.

Additional OPTIONAL pieces are available to students in all divisions, to enhance opportunities for some choice and to accommodate temperature variances and personal preferences. These pieces are optional.

<b>Preschool to Grade 3 Regular Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required</b>	<b>OPTIONAL (may be worn to personalize, or for temperature fluctuations)</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt Red polo shirt	Navy pants Tartan tunic with modesty shorts Navy skort	Navy socks or tights Black polishable shoes	Navy knit vest Navy knit cardigan Tie Navy crested hoodie

<b>Grade 4-6 Regular Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required</b>	<b>OPTIONAL(may be worn for personalization or for temperature fluctuations)</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt Red polo shirt	Navy pants Blue tartan kilt with modesty shorts Navy skort	Navy socks or tights Black polishable shoes	Navy knit vest Navy knit cardigan Tie Navy crested hoodie

<b>Grade 7-9 Regular Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required - add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt White ¾ length sleeve shirt	Grey pants Grey tartan kilt with modesty shorts	Grey knit vest Grey knit cardigan Grey tartan tie Navy crested hoodie Navy/red cardigan Blazer	Grey socks or tights Black polishable shoes

<b>Grade 10-12 Regular Uniform</b>			
<b>Choose one of the following:</b>	<b>Add one of the following</b>	<b>Required - add one of the following</b>	<b>Required</b>
White long-sleeved oxford shirt White short-sleeved oxford shirt White ¾ length sleeve shirt	Grey pants Grey pleated skirt	Grey knit vest Grey knit cardigan Senior High striped tie Navy crested hoodie Navy/white cardigan Blazer	Grey socks or tights Black polishable shoes

## **SUMMER UNIFORM**

From the period when school begins in September until Thanksgiving, and from the time students return from Spring Break until the end of the school year, students at all grade levels have the OPTION of wearing a summer uniform on regular uniform days. The summer uniform may not be worn on formal uniform days.

<b>Preschool to Grade 3 OPTIONAL Summer Uniform</b>		
<b>1st piece</b>	<b>2nd piece</b>	<b>Required</b>
Red polo shirt	Navy shorts	Navy socks (with shorts) Black polishable shoes
Red gingham dress with modesty shorts	(No other piece needed)	White socks (with dress) Black polishable shoes

<b>Grade 4-6 OPTIONAL Summer Uniform</b>		
<b>1st piece</b>	<b>2nd piece</b>	<b>Required</b>
Red Polo shirt	Navy shorts	Navy socks with shorts Black polishable shoes
Blue polo drop-waist dress with modesty shorts*	No other piece needed	White socks with dress Black polishable shoes

<b>Grade 7-9 OPTIONAL Summer Uniform</b>		
<b>1st piece</b>	<b>Add one of the following</b>	<b>Required</b>
Red polo shirt	Grey shorts Navy four-button pleated skirt with modesty shorts Grey tartan kilt Grey pants	Grey socks Black polishable shoes

<b>Grade 10-12 OPTIONAL Summer Uniform</b>		
<b>1st piece</b>	<b>Add one of the following</b>	<b>Required</b>
Red Polo shirt	Grey shorts Navy four-button pleated skirt Grey pleated skirt Grey pants	Grey socks Black polishable shoes

## **PHYSICAL EDUCATION**

All students in Grade 5 and up must wear the CFIS Phys. Ed uniform. For students in grades 5-6, this includes a light blue Vikings t-shirt, black drawstring shorts and plain white socks. For students in grades 7 – 12, this includes a house-colour t-shirt, black shorts (two styles available) and plain white socks. Students in grades 7 – 12 are assigned to one of four Houses – Baldur (royal purple), Heimdall (hunter green), Tyr (navy blue), and Thor (red). Indoor shoes, with non-marking soles, are also required.

<b>Grade 5-6 Gym Strip</b>		
<b>1st piece</b>	<b>Add one of the following</b>	<b>Required</b>
Powder blue t-shirt	Black Yoga shorts Black drawstring shorts	White socks Running shoes with non-marking sole

<b>Grade 7-12 Gym Strip</b>		
<b>1st piece</b>	<b>Add one of the following</b>	<b>Required</b>
Red shirt – Thor Blue shirt – Tyr Green shirt – Heimdall Purple shirt - Baldur	Black yoga shorts Black drawstring shorts	White socks Running shoes with non-marking sole