

A large, stylized, light blue outline of an apple with a stem and a leaf is positioned on the left side of the cover. The apple's body is a simple, rounded shape, and the stem is a thin line extending upwards to a small circle representing a bud. A single leaf is attached to the stem on the left side.

UNIFORMS GUIDELINES

**A Handbook for Parents & Students
2020**

UNIFORMS AT CFIS

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Introduction

CFIS's history, colours and symbols are represented through the various uniform pieces. Each division or transitional point for students also represents a transition point for the uniform.

Some pieces are consistent throughout divisions, while others vary to represent a progression and be developmentally appropriate.

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Formal Uniform

The formal uniform is worn on the first day back from the summer, winter and spring breaks, and for special events such as Open Houses, concerts, assemblies and many field trips. CFIS's parent online calendar is updated regularly with formal uniform dates.

Formal uniform requirements are as follows:

<u>Preschool to Grade 3</u>	<u>Grade 4-6</u>	<u>Grade 7-9</u>	<u>Grade 10-12</u>
<p>Tops: White Long-Sleeved Oxford Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Navy Pants OR Tartan Tunic With Modesty Shorts</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Red Apple Clip-On Tie • Navy Socks or Tights • Black Polishable Shoes <p>Note - If you are wearing pants, one of the following must also be worn:</p> <p>Navy Knit Vest OR Navy Knit Cardigan</p>	<p>Tops: White Long-Sleeved Oxford Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Navy Pants OR Blue Tartan With Modesty Shorts</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Blue Tartan Clip-On Tie • Navy Socks or Tights • Black Polishable Shoes <p>Note - If you are wearing pants, one of the following must also be worn:</p> <p>Navy Knit Vest OR Navy Knit Cardigan</p>	<p>Tops: White Long-Sleeved Oxford Shirt OR White 3/4 Length Sleeve Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Grey Pants OR Grey Tartan Kilt With Modesty Shorts</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Navy Crested Blazer • Grey Tartan Tie • Grey Socks or Tights • Black Polishable Shoes 	<p>Tops: White Long-Sleeved Oxford Shirt OR White 3/4 Length Sleeve Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Grey Pants OR Grey Lycra Pleated Skirt</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Navy Crested Blazer • Sr High Striped Tie • Grey Socks or Tights • Black Polishable Shoes

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Regular Uniform

The regular uniform is required at all other times except for vesti-choix (casual) days. For students in Grade 7 and higher, the “shirt plus one item” rule applies. Additional OPTIONAL pieces are available to students in all divisions, to enhance opportunities for some choice and to accommodate temperature variances and personal preferences. These pieces are optional.

Regular uniform requirements are as follows:

<u>Preschool to Grade 3</u>	<u>Grade 4-6</u>	<u>Grade 7-9</u>	<u>Grade 10-12</u>
<p>Tops: White Long-Sleeved Oxford Shirt OR White Short-Sleeved Oxford Shirt OR Red Polo Shirt</p> <p>Bottoms: Navy Pants OR Tartan Tunic With Modesty Shorts OR Navy Skort</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Navy Socks or Tights • Black Polishable Shoes <p>Optional: Navy Knit Vest Navy Knit Cardigan Tie Navy Crested Hoodie</p>	<p>Tops: White Long-Sleeved Oxford Shirt OR White Short-Sleeved Oxford Shirt OR Red Polo Shirt</p> <p>Bottoms: Navy Pants OR Blue Tartan Kilt With Modesty Shorts OR Navy Skort</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Navy Socks or Tights • Black Polishable Shoes <p>Optional: Navy Knit Vest Navy Knit Cardigan Tie Navy Crested Hoodie</p>	<p>Tops: White Long-Sleeved Oxford Shirt OR White 3/4 Length Sleeve Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Grey Pants OR Grey Tartan Kilt With Modesty Shorts</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Grey Socks or Tights • Black Polishable Shoes <p>Required Option Accessories: (Must add at least one of the following)</p> <ul style="list-style-type: none"> • Grey Knit Vest • Grey Knit Cardigan • Grey Tartan Tie • Navy Crested Hoodie • Navy & Red Cardigan • Blazer 	<p>Tops: White Long-Sleeved Oxford Shirt OR White 3/4 Length Sleeve Shirt OR White Short-Sleeved Oxford Shirt</p> <p>Bottoms: Grey Pants OR Grey Pleated Skirt</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Grey Socks or Tights • Black Polishable Shoes <p>Required Option Accessories: (Must add at least one of the following)</p> <ul style="list-style-type: none"> • Grey Knit Vest • Grey Knit Cardigan • Sr High Striped Tie • Navy Crested Hoodie • Navy & White Cardigan • Blazer

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Summer Uniform

From the period when school begins in September until Thanksgiving, and from the time students return from Spring Break until the end of the school year, students at all grade levels have the option of wearing a summer uniform on regular uniform days. The summer may not be worn on formal uniform days.

Summer uniform requirements are as follows:

<u>Preschool to Grade 3</u>	<u>Grade 4-6</u>	<u>Grade 7-9</u>	<u>Grade 10-12</u>
<p>Option 1:</p> <ul style="list-style-type: none"> • Red Polo Shirt • Navy Shorts • Navy Socks • Black Polishable Shoes <p>Option 2:</p> <ul style="list-style-type: none"> • Red Gingham Dress With Modesty Shorts • White Socks • Black Polishable Shoes 	<p>Option 1:</p> <ul style="list-style-type: none"> • Red Polo Shirt • Navy Shorts • Navy Socks • Black Polishable Shoes <p>Option 2:</p> <ul style="list-style-type: none"> • Blue Polo Drop-Waist Dress With Modesty Shorts • White Socks • Black Polishable Shoes 	<p>Top: Red Polo Shirt</p> <p>Bottoms: Grey Shorts OR Navy Four-Button Pleated Skirt With Modesty Shorts OR Grey Tartan Kilt OR Grey Pants</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Grey Socks • Black Polishable Shoes 	<p>Top: Red Polo Shirt</p> <p>Bottoms: Grey Shorts OR Navy Four-Button Pleated Skirt OR Grey Pleated Skirt OR Grey Pants</p> <p>Required Accessories:</p> <ul style="list-style-type: none"> • Grey Socks • Black Polishable Shoes

Physical Education Uniform

All students in Grade 5 and higher are required to wear the CFIS Phys. Ed. uniform. For students in grades 5 and 6, this includes a light blue Vikings t-shirt, black yoga shorts or black drawstring shorts, white socks, and running shoes with non-marking soles.

For students in grades 7 through 12, this includes a house-colour t-shirt, black yoga shorts or black drawstring shorts, white socks, and running shoes with non-marking soles.

Students are assigned to one of the four houses and will wear the corresponding house coloured t-shirt.

Thor-Red Shirt

Tyr-Blue Shirt

Heimdall-Green Shirt

Baldur-Purple Shirt

